the visit 2013
His Holiness the Dalai Lama
Presidential Distinguished Professor
EMORY UNIVERSITY
Dear Friend of Emory University,

The Emory community welcomes His Holiness the XIV Dalai Lama for his third visit as Presidential Distinguished Professor, and on behalf of Emory I extend a warm welcome to the more than 12,000 guests who will take part in the events on the Emory campus and at the Gwinnett Center. The overarching theme of these programs is secular ethics—a system of shared universal principles that transcend religious differences but still respect the value and meaning of religion in the lives of countless millions. His Holiness has made invaluable contributions to our understanding of what it means to be an ethical citizen of the world, and we look forward to the opportunities for our faculty and students to engage with him on this vital issue.

It is an honor and a privilege for Emory to work hand-in-hand with His Holiness through the Emory-Tibet Partnership on such enterprises as the Emory-Tibet Science Initiative, Cognitively Based Compassion Training, and research in Tibetan medicine. These collaborations integrate the best of Western and Tibetan Buddhist education through science, religion, and mind/body medicine.

Our relationship has been a true mutual exchange of knowledge. Emory brings modern science education to Tibetan monastics on campus and throughout India. In turn, the Emory community benefits from the Tibetan Buddhist contemplative traditions of compassion meditation and holistic medicine, with an emphasis on the interplay of mind and body. Each community receives the best of what the other has to offer in this intellectual and cultural interchange, creating a foundation for discoveries that expand our understanding of humanity. Our graduate and undergraduate studies in Tibetan Buddhism, culture, history, and language—both on campus and abroad—plus a variety of engaging Tibetan cultural experiences, offer Emory students a unique and rich learning environment.

On the occasion of this visit, we invite you to celebrate this partnership and the tremendous progress the program has made since its inception in 1998. Your participation today, and your continued sponsorship, supports the mission of the Emory-Tibet Partnership and allows Emory to deepen its commitment to the discovery of new knowledge for the benefit of humanity. Please join us on this bridge between two distinct traditions as we move closer to a better world.

Sincerely,

James W. Wagner   |   President, Emory University
His Holiness first visited Emory at Glenn Memorial Auditorium in 1987, two years before receiving the Nobel Peace Prize, at the invitation of the late John Fenton, professor of religion.

His second visit came in September 1995, with Emory as the first stop on a visit to the United States in celebration of his 60th birthday. He received Emory’s first President’s Medal during that visit and spoke to a crowd of more than 4,000 on campus. In 1998, he delivered the 153rd Commencement Address, received an honorary Doctor of Divinity degree, and inaugurated the Emory-Tibet Partnership.

During The Visit 2007, His Holiness participated in a day-long conference on science and spirituality, a teaching to the Buddhist community, an interfaith summit on religion as a source of conflict and a resource for peace-building, and his inaugural lecture as Presidential Distinguished Professor. This appointment, the first university professorship accepted by His Holiness, took place during a vibrant ceremony with musical performances blending Emory and Tibetan traditions. He then traveled to Atlanta’s Centennial Olympic Park, where he delivered a talk to an audience of more than 10,000.

The Visit 2010 featured a series of public events including programs on science research and meditation, creativity and spirituality with guests Richard Gere and Alice Walker, an interfaith dialogue on happiness, and a teaching for the Buddhist community on compassion. The 2010 International Conference on Tibetan Buddhism concluded that visit, drawing scholars and participants from around the globe.

“I deeply value my close association with Emory University and have always appreciated Emory’s leading role in developing innovative programs that draw on the strengths of Tibetan and Western civilizations for the mutual enrichment of our two traditions. I firmly believe that education is an indispensable tool for the flourishing of human well-being and the creation of a just and peaceful society, and I am delighted to be able to make a small contribution in this regard through this appointment [as an Emory professor].”

— His Holiness the Dalai Lama
The Emory-Tibet Partnership
Bridging Two Worlds for One Common Humanity

The Emory-Tibet Partnership (ETP) seeks to promote a cross-fertilization of knowledge between ancient Tibetan wisdom and modern scientific understanding. Inaugurated by His Holiness the XIV Dalai Lama in 1998 as an academic affiliation between Emory University and Drepung Loseling Monastery, the Emory-Tibet Partnership has expanded to include collaborations with the Library of Tibetan Works and Archives, the Institute of Buddhist Dialectics, and the Tibetan Medical Institute.

For centuries, Tibet has been the repository for important traditions of learning: in the science of mind, the nature of the person and the cosmos, and medicine. Advances in the Western world in the natural and health sciences are now probing many of the same questions the Tibetan tradition has spent millennia investigating. Both sides recognize the tremendous potential of a genuine two-way exchange of people and ideas that encompasses the areas of culture, philosophy, religion, science, and health.

As modern scientific research continues to demonstrate the benefit of and need for qualities such as mindfulness, love, forgiveness, empathy, and compassion, the Tibetan science of mind complements this cutting-edge research by providing effective techniques for how to develop and strengthen such qualities. By bridging these two bodies of knowledge, the Emory-Tibet Partnership seeks to facilitate an education of both heart and mind, one where maroon-robed monastics study cell reproduction under the microscope, and Western students practice compassion meditation in order to reduce stress and improve their quality of life.

Robert A. Paul Emory-Tibet Science Initiative

One of the most ambitious and far-reaching projects undertaken by the Emory-Tibet Partnership is the Robert A. Paul Emory-Tibet Science Initiative (ETSI), which integrates a comprehensive modern science curriculum

“In 2007, Emory agreed to my request that it collaborate in developing and implementing comprehensive science education in Tibetan monastic institutions, creating the landmark Emory-Tibet Science Initiative. Greatly encouraged by this bold commitment, I deepened my relationship with the university by joining its faculty as Presidential Distinguished Professor. This remarkable program is now entering its most critical phase, when Emory will implement its fully developed, six-year science curriculum for thousands of monastic students in the major Tibetan monasteries.”

– His Holiness the Dalai Lama
into the Tibetan monastic education. Summer 2013 saw completion of the six-year development phase of ETSI, which included:

- Annual six-week summer intensive pilot program for select monks and nuns taught by Emory faculty in Dharamsala, India
- Curriculum covering math, biology, neuroscience, and physics
- Development of 15 preliminary bilingual science textbooks tailored to monastic students
- Graduation of two classes of monks and nuns from the ETSI pilot program
- Hosting five International Conferences on Science Translation into Tibetan and coining over 2,500 new science terms in Tibetan

In 2012, the Gelug International Conference, representing the largest school of Tibetan Buddhism, set an unprecedented example when it voted unanimously to integrate modern science into the curriculum of the school’s universities, thereby initiating the first major change to monastic education in 600 years. With this historic achievement, ETSI is ready to move forward with the next decisive step towards realizing His Holiness the Dalai Lama’s dream of integrating a modern science curriculum into the monastic core curriculum.

The large-scale implementation phase of the curriculum—set for 2014—will include:

- Conducting annual six-week summer intensives taught by international science faculty in three major monastic institutions in south India, with a combined student body of over 10,000
- Offering year-round distance learning classes to monasteries and nunneries

In order to guarantee the long-term sustainability of this undertaking, ETSI has also committed to training indigenous Tibetan monastic science teachers. With the support of the Dalai Lama Trust and Emory College of Arts and Sciences, 36 such teachers will be trained at Emory University over the next ten years.

The first class of these Tenzin Gyatso Monastic Science Scholars (pictured below) completed three years of science study at Emory University in May 2013, and are now serving as science teachers in their home monasteries in India. As Robin Forman, dean of Emory’s College of Arts and Sciences, noted when these scholars were honored at commencement, this achievement was “unprecedented for any American university.”
Emory-Tibet Medical Science Initiative

The Emory-Tibet Medical Science Initiative (ETMSI) is a bold collaborative effort to investigate the potential of traditional Tibetan medicine by utilizing state of the art research technology. World renowned Emory researcher Dr. Raymond Schinazi is collaborating with Tibetan medical doctors like Dr. Tashi Dawa to investigate the anti-cancer and anti-viral properties of Tibetan medicinal compounds, while other faculty members of Emory’s School of Medicine are involved in the anthropological and clinical investigation of traditional Tibetan medicine. Alongside research on Emory’s campus, Emory medical professors teach summer classes in human physiology, anatomy, modern medical treatment, and research methodology to Tibetan medical students and doctors at Men-Tsee-Khang Tibetan Medical Institute in Dharamsala, India.

“For over 20 years, my laboratory has been developing drugs to treat life-threatening diseases including HIV/AIDS, HBV, HCV, and cancer. Although my training is in Western medical research, I have great respect for Tibetan medicine,” Schinazi said. “By isolating and testing the anti-viral and anti-cancer properties of chemicals from traditional Tibetan herbs...I am optimistic our work will yield positive results for humanity.”

Cognitively Based Compassion Training

Compassion—a universal human value that is also the foundation of ethical behavior—is important not only for individual health, but also for the collective well-being of humanity. This is not just ancient wisdom—it is supported by the findings of an increasing body of scientific research on the effects of developing compassion. In 2005 Cognitively Based Compassion Training (CBCT) was developed by Geshe Lobsang Tenzin Negi as a protocol to cultivate compassion in response to a growing need for an effective way to combat mental health problems. This secularized protocol is based on the Tibetan Buddhist lojong or “mind training” tradition, a treasure trove of theoretical and practical knowledge detailing a systematic approach to enhancing positive emotions and transforming destructive ones.

Pioneering CBCT research with Emory’s undergraduate population demonstrated significant beneficial effects on immune and hormonal response to psychosocial stress. These promising results led to a five-year NIH-funded research study on the health benefits of compassion training. This research is demonstrating numerous beneficial outcomes of engaging in compassion meditation, and CBCT has been adapted and implemented with success in a variety of populations, including at-risk youth in Atlanta’s foster care system, attempted suicide patients, and public and private elementary school students in Atlanta. By playing a leading role in scientific research on compassion and the creation of programs that bring compassion training into education and society, CBCT seeks to contribute to His Holiness’ vision of secular ethics and the promotion of universal human values as a means for global transformation.
FOR MORE THAN THIRTY YEARS I have been engaged in an ongoing exchange with scientists, exploring what modern scientific knowledge and the time-honored science of mind embodied by the Tibetan tradition can bring to each other’s understanding of reality. This is important because the greatest problems humanity faces today must be addressed not only on a material level, but also on a psychological and emotional level.

I am deeply grateful that Emory University shares this vision. My close association with Emory began in 1998, when I had the pleasure of inaugurating the university’s affiliation with Drepung Loseling Monastery. This in due course led to the formation of the Emory-Tibet Partnership and a wide range of innovative programs.

In 2007, Emory agreed to my request that it collaborate in developing and implementing comprehensive science education in Tibetan monastic institutions, creating the landmark Emory-Tibet Science Initiative. Greatly encouraged by this bold commitment, I deepened my relationship with the university by joining its faculty as Presidential Distinguished Professor. This remarkable program is now entering its most critical phase, when Emory will implement its fully developed, six-year science curriculum for thousands of monastic students in the major Tibetan monasteries.

Since 2005, the Emory-Tibet Partnership also has developed a robust research program in Cognitively Based Compassion Training that is investigating the physiological, psychological, and behavioral benefits of the cultivation of compassion. It also is looking into how compassion can be implemented in education, health care, and society at large, which is another example of the convergence of science and inner values in which we are engaged.

This historic work is a testament to Emory’s sincere commitment to advancing human knowledge by drawing on the unique and complementary strengths of the Tibetan and Western traditions. Naturally, this far-reaching collaborative effort requires significant resources to ensure its success and sustainability. Because I believe so deeply in the importance of its projects, I have, through the Dalai Lama Trust, made a donation towards establishing an endowment for the Emory-Tibet Partnership, and annually make a contribution to its operational funds.

I hope you share my enthusiasm for the transformative potential represented in this joint endeavor and invite you to join me in lending your support to the Emory-Tibet Partnership.

May 3, 2013
Other Programs of Study

Tibetan Studies: At Emory and Abroad
Thanks to growing resources and relationships, Emory University has developed one of North America’s leading programs in Tibetan Buddhist studies during the past two decades. Throughout the University, scholars and students have unparalleled access to Western-trained faculty conducting groundbreaking research, to a traditionally trained Geshe (the highest Tibetan monastic degree), and to visiting distinguished Tibetan scholars, as well as language courses, study-abroad programs, and diverse library holdings. Established relationships with Tibetan institutions of higher learning such as the Institute of Buddhist Dialectics (IBD) and the Library of Tibetan Works and Archives have deepened over the years, creating even more exciting opportunities.

Innovative Research and Teaching
In the areas of Tibetan Buddhist philosophy and contemplative practices, Emory has developed academic programs that highlight the strengths of the faculty and Emory community as a whole.

Geshe Lobsang Tenzin Negi, a senior lecturer in the Department of Religion, directs the Emory-Tibet Partnership and the Robert A. Paul Emory-Tibet Science Initiative. After completing his Buddhist studies at Drepung Loseling Monastery and the IBD, Negi earned his PhD at Emory’s Institute of Liberal Arts, becoming one of the few individuals in the world to hold both a PhD and Geshe degree. As such, he is an ideal liaison between Emory and Tibetan institutions of learning.

While teaching courses on Buddhist psychology and philosophy, mind/body medicine, and the interface of Buddhist thought and modern science, Negi also conducts a number of scientific studies on compassion meditation.

John Dunne, an associate professor in the Department of Religion, cofounded the Emory Collaborative for Contemplative Studies which spans not only religion but also psychology, psychiatry, anthropology, nursing, and public health. His work focuses on various aspects of Buddhist philosophy and contemplative practice, and on the intersection of science and religion. His current research includes an inquiry into the notion of “mindfulness” in both classical Buddhist and contemporary contexts, especially in relation to nondual styles of Buddhist practice. He is a fellow of the Mind and Life Institute and a collaborator with the Center for Investigating Healthy Minds.
Sara McClintock, an associate professor in the Department of Religion, is a director-at-large for the International Association of Buddhist Studies and serves on the Research Advisory Committee for the Mind and Life Institute, where she is also a fellow. Her teaching and research focus on Indian and Tibetan Buddhist philosophy and narrative traditions, with theoretical interests in performativity, embodiment, reader response, and interpretation theory. Her published work includes a monograph on rhetoric and rationality in the works of Santaraksita and Kamalasila, Indian Buddhist scholars renowned for bringing Buddhist philosophy and monasticism to Tibet in the 8th century. Her current research includes a study of the role of past life stories in Buddhist ethical formation.

Tsepk Rigzin currently teaches two levels of Tibetan language classes as well as courses in Tibetan culture and history within the Middle Eastern and South Asian Studies Department. Since 2006, he has been a scholar-in-residence, translator, and Tibetan language instructor at Drepung Loseling Monastery in Atlanta. Previously, he was a leading translator-scholar at the Library of Tibetan Works and Archives in Dharamsala. For more than a decade, he served as rector, principal, and education officer of the Central Tibetan Schools Administration in New Delhi, India, and was one of the members on the first Board of The Education Policy Committee for Central Tibetan Administration, Dharamsala.

Activism among young Tibetan refugees in India is a current research focus of Tara Doyle, a senior lecturer in the Department of Religion and director of the Tibetan Studies program, who teaches undergraduate courses in Buddhism, Hinduism, and Tibetan culture. Other research interests include Hindu-Buddhist pilgrimage sites in South Asia, socially engaged Buddhism, and Buddhism in America. On campus, Doyle has organized Tibetan film festivals, music concerts, arts activities, and a major photography exhibition from the Tibet Museum in Dharamsala.

Additionally, Emory’s Tibetan Studies programs are strongly supported by Emory Libraries. Subject librarian Tim Bryson overcame challenges in adding to the collection: learning the language sufficiently to catalog the items in Tibetan and preparing the long, narrow pecha manuscripts for shelves designed for the traditional Western codex. EUCLID—Emory’s collections database—shows more than 3,400 items relevant to Tibetan studies on the shelves and about 14,000 texts online (full access to these materials is available at nearby Drepung Loseling Monastery).

**Unique Study-Abroad Opportunities**

Undergraduate education is greatly enhanced by Emory’s study-abroad programs in Dharamsala, situated in the foothills of the Himalayas and capital of the Tibetan exile community. Thanks to Emory’s partnership with IBD and the Library of Tibetan Works and Archives, students from across the U.S. experience a culturally rich environment with leading figures in the community, including His Holiness the Dalai Lama.

“I can absolutely say the students who go on this program have some of the most profound experiences of any students who study abroad,” says Philip Wainwright, vice provost for international affairs.
Students have a choice of two study-abroad programs. The nationally acclaimed spring semester Tibetan Studies Program, founded by Tara Doyle in 2001, weaves together rigorous academic study, field research, cultural immersion, and contemplative practice. Students live with IBD roommates and Tibetan families, attend private classes with important Buddhist teachers, conduct field research, and participate in numerous Tibetan and Indian cultural events. Since its beginning, the program has hosted students from more than 40 institutions. Launched in summer 2009, the five-week, intensive Emory Tibetan Mind/Body Sciences Program, directed by Geshe Lobsang Tenzin Negi, is an immersion program that offers students the opportunity to engage with researchers at the forefront of the growing dialogue between Tibetan Buddhism and modern science. In conjunction with the Emory-Tibet Science Initiative, students study Buddhist philosophy, culture, contemplative practice, and Tibetan medicine while actively engaging in dialogue with Tibetan monks and nuns studying neuroscience, biology, and physics.

**Tibetan Culture in the Emory Community**

In addition to its academic programs, Emory has supported a range of complementary activities designed to increase awareness and understanding of Tibetan culture among students and the wider community. With the generous support of a five-year grant from The Shelley & Donald Rubin Foundation, as well as from the Emory-Tibet Partnership and many other sponsors from around the University, Emory has invited numerous Tibetan scholars and artists to campus to teach courses and to offer programs to the public. Highlights from this rich array of programming include the residencies of Tenzin Norbu, a master scroll painter from the Norbulingka Institute in Dharamsala, and Techung, a world-renowned Tibetan folk singer and musician trained at the Tibetan Institute of Performing Arts.

In 2012, Emory’s Michael C. Carlos Museum hosted a major exhibition from the Rubin Museum of Art entitled “Mandala: Sacred Circle in Tibetan Buddhism,” which attracted more than 35,000 visitors. This year, Emory was proud to host a rare performance of Sukyi Nyima, a traditional Tibetan folk opera, which played to a packed house of delighted students, faculty, monks, and members of the general public.

The monks of Drepung Loseling Monastery are frequent guests to Emory’s campus and are often found constructing yet another beautiful yet impermanent sand mandala during Emory’s annual Tibet Week. Similarly, Emory’s campus life has been profoundly enriched by the presence of Tibetan monastics studying science alongside the Emory undergraduates under the auspices of the Emory-Tibet Science Initiative.
The Pillars of Responsible Citizenship in the 21st Century Global Village (Public Talk) and Secular Ethics in Education (Panel Session)

Tuesday, October 8 • 9:30 a.m. and 1:00 p.m.
The Arena at the Gwinnett Center

His Holiness the XIV Dalai Lama

His Holiness the Dalai Lama, Tenzin Gyatso, one of the world’s most renowned and revered voices for peace and universal ethics, is the spiritual leader of Tibet and the 1989 recipient of the Nobel Peace Prize. He describes himself as a simple Buddhist monk.

This public talk will focus on the fundamental human values that are the building blocks of an engaged and compassionate world. He will outline his comprehensive vision of secular ethics, its underlying principles, and the urgent need to embrace such a system in today’s increasingly connected and globalized society.

Morning Moderator

Paul Root Wolpe, PhD
Asa Griggs Candler Professor of Bioethics
Director, Emory Center for Ethics
Paul Root Wolpe is the author of over 125 articles, editorials, and book chapters in sociology, medicine, and bioethics, and has contributed to a variety of encyclopedias on bioethical issues. A futurist interested in social dynamics, Dr. Wolpe’s work focuses on the social, religious, ethical, and ideological impact of technology on the human condition.

Schedule

8:40 a.m. “Sacred Music Sacred Dance for World Healing”
Special preview performance
See page 14 for full concert details and tickets

9:10 a.m. “Bridging Two Worlds for One Common Humanity” — Video presentation

9:20 a.m. Introduction of the Tenzin Gyatso Science Scholars
Robert A. Paul, PhD
Charles Howard Candler Professor of Anthropology and Interdisciplinary Studies

9:30 a.m. Morning Welcome and Introductions
James W. Wagner, PhD
President, Emory University

Public Talk and Q&A
His Holiness the Dalai Lama
Paul Root Wolpe, PhD, Moderator

11:30 a.m. Lunch Break

12:35 p.m. Special Presentation
Richard Moore
Introduction by the Rev. Dr. Susan Henry-Crowe
Dean of the Chapel and Religious Life, Emory University

12:50 p.m. Remarks
Joni Winston
Philanthropist

1:00 p.m. Afternoon Welcome
Robin Forman, PhD
Dean, Emory College of Arts and Sciences

Panel Session with His Holiness
See pages 10-11 for chair and panelists
Panel: Secular Ethics in Education

The panel session, presented in association with the Mind and Life Institute (learn more at www.mindandlife.org), will build upon the morning public talk, and examine the applicability of secular ethics in modern education through the lens of evolutionary biology, neuroscience, and educational policy and curricula. Discussion, with His Holiness, will include the implications of secular ethics for the United States education system, strategies of implementation, and potential benefits.

Panel Session Chair

Arthur Zajonc, PhD  
President, Mind and Life Institute

A leader in the field of contemplative pedagogy, Arthur Zajonc was professor of physics at Amherst College from 1978 to 2012. He is the author of the books Catching the Light and Meditation as Contemplative Inquiry: When Knowing Becomes Love; co-author of The Quantum Challenge and The Dalai Lama at MIT; and co-editor of Goethe’s Way of Science.

Frans B. M. de Waal, PhD  
Charles Howard Candler Professor of Psychology  
and Director of the Living Links Center at the Yerkes National Primate Research Center

Frans B. M. de Waal studies primate social behavior and cognition. He is a member of the (US) National Academy of Sciences, and was selected by Time Magazine as one of “The World’s 100 Most Influential People Today.” His popular books include Our Inner Ape (2005) and The Bonobo and the Atheist (2013).

Abstract: “Cooperation and fairness in primates” Cooperation requires benefits for all parties, otherwise what would be the point? Humans are sensitive to the distribution of rewards, known as our sense of fairness. We do not like getting less than others for the same effort. But while the human aversion of inequity is well known, there are now also studies of other animals. Controlled experiments indicate that monkeys and apes pay attention to what a partner receives compared to themselves. We even played the Ultimatum Game (the gold standard of the human sense of fairness) with chimpanzees, and their reactions are indistinguishable from those of our species.

Richard J. Davidson, PhD  
William James and Vilas Professor of Psychology and Psychiatry, Director of the Waisman Brain Imaging Lab, Founder and Chair and the Center for Investigating Healthy Minds at the Waisman Center, University of Wisconsin-Madison

Richard Davidson’s research is broadly focused on the neural bases of emotion and emotional style and methods to promote human flourishing, including meditation. He has published over 300 articles, many chapters and reviews, and edited 14 books. He was named one of “The World’s 100 Most Influential People Today” by Time Magazine in 2006, and is author (with Sharon Begley) of The Emotional Life of Your Brain (2012).
Abstract: “The causes and consequences of innate goodness”
These brief remarks will showcase the view that compassion and other related virtuous qualities of mind are best regarded as akin to language—we all have an innate propensity to express these qualities, but they require a supportive environment to be nurtured and cultivated. Evidence for the early expression of these qualities in infants will be presented and data suggesting that we come into the world with an innate preference for cooperative and altruistic encounters compared with ones that are uncooperative and selfish. Biological data will be considered that suggest that compassion and related qualities induce salubrious changes in the body that may be beneficial for physical and mental health. These data may provide a compelling rationale for the view that goodness is indeed innate and that its expression brings benefit that has important evolutionary advantage.

Geshe Lobsang Tenzin Negi, PhD
Senior Lecturer, Department of Religion, Emory University
Geshe Lobsang Tenzin Negi’s work focuses on the intersection of modern science and Buddhist tradition, specifically in the role of emotions and their impact on health and well-being. To further this interdisciplinary endeavor, he serves as principal contemplative investigator for Emory’s ongoing research study on the benefits of compassion meditation.

Abstract: “Compassion as the foundation for secular ethics”
Both the major religious traditions and modern humanistic movements have recognized compassion as a basic human value indispensable for well-being. In recent years, evolutionary biologists and neuroscientists have also been finding increasing evidence that suggests not only is compassion vital for human flourishing, the potential for compassion is rooted in our very biology. This presentation will share some of the insights derived from research with Cognitively Based Compassion Training at Emory University, including research with elementary school children and adolescents in foster care. These scientific findings provide compelling evidence for how compassion can be a catalyst for positive personal growth and transformation.

Brooke Dodson-Lavelle, M.A.
Senior Research Officer, Mind and Life Institute
Brooke Dodson-Lavelle leads Mind and Life’s new Ethics, Education and Human Development Initiative. She has experience developing and teaching compassion-based interventions for adults, elementary school children, and adolescents in Atlanta’s foster care system. She is completing her PhD at Emory in religious studies, where her work focuses on the secularization of Buddhist contemplative practices in America.

Abstract: “Fostering compassionate and ethical development in education: A Mind and Life initiative”
As part of its mission to promote human flourishing around the globe, the Mind and Life Institute has recently embarked on a new initiative to develop pedagogy and curricula in “secular ethics.” We are committed to fostering compassionate communities that support ethical sensitivity and altruistic behavior in educational and other social institutions. Our approach builds from existing work in social and emotional learning and contemplative education, and integrates insights from neuroscience and human development with sophisticated contemplative training and the best existing educational practices. This presentation will highlight key features, goals, and strategies of this initiative.
His Holiness, in his role as Presidential Distinguished Professor, will deliver a traditional “intro-course” lecture on secular ethics with questions from Emory students.

**Schedule**

9:30 a.m. **Welcome and greetings on behalf of the faculty**
Claire E. Sterk, PhD  
*Provost and Executive Vice President for Academic Affairs*

Welcome and greetings on behalf of the students
Raj Patel  
*President, Student Government Association*

9:35 a.m. **Secular Ethics 101 and Q&A Session**
His Holiness the Dalai Lama

James W. Wagner, PhD, *Moderator*  
*President, Emory University*

**Recommended Reading**

*From the publisher:*

Ten years ago, in his best-selling *Ethics for the New Millennium*, His Holiness the Dalai Lama first proposed an approach to ethics based on universal rather than religious principles. Now, in *Beyond Religion*, the Dalai Lama, at his most compassionate and outspoken, elaborates and deepens his vision for the nonreligious way.

Transcending the mere “religion wars,” he outlines a system of ethics for our shared world, one that gives full respect to religion. With the highest level of spiritual and intellectual authority, the Dalai Lama makes a stirring appeal for what he calls a “third way,” a path to an ethical and happy life and to a global human community based on understanding and mutual respect.

*Beyond Religion* is an essential statement from the Dalai Lama, a blueprint for all those who may choose not to identify with a religious tradition, yet still yearn for a life of spiritual fulfillment as they work for a better world.
Transcending Moral Differences: Can a “Secular Ethic” Unite Us?

Wednesday, October 9 • 2:00 p.m.
Emerson Concert Hall, Schwartz Center for Performing Arts

In his book *Beyond Religion: Ethics for a Whole World*, His Holiness the Dalai Lama lays out an approach to ethics that has the ambitious aim of uniting believers and non-believers around a common ethical vision and set of practices. But can such a vision, based on Buddhist concepts of awareness, discernment, and compassion, truly unite diverse religious and secular ethical traditions? A panel of experts will discuss the book with His Holiness, and then Emory faculty and advanced graduate students will have an opportunity to discuss and debate the book with His Holiness and other experts on ethics.

About the Center for Ethics

An international leader in the exploration of ethics, the Emory Center for Ethics is dedicated to exploring how ethical issues underlie the decisions that shape our minds, lives, and society. To do so, scholars from across the university gather at the Center to collaborate and study. The Center also hosts public programs, partners and consults with private and public community organizations, and teaches students at every level of university life. The Center is committed to asking tough questions and developing strategies to help people and organizations put ethics into practice. Learn more at ethics.emory.edu

About the Department of Religion

The Department of Religion at Emory University offers a curriculum of studies at introductory and advanced levels in the history of religious traditions and the relations between religions, societies, ideas, values, attitudes, and artistic expressions. This curriculum includes a broad, cross-cultural, and interdisciplinary array of courses inquiring into Christian, Jewish, Hindu, Buddhist, and Muslim religious traditions. In addition, thematic courses take up common human issues and explore them from the perspectives of diverse religious traditions. Learn more at religion.emory.edu
Cultural Events: The Mystical Arts of Tibet

Performance
Wednesday, October 9 • 7:30 p.m.
Emerson Concert Hall, Schwartz Center for Performing Arts

The famed multiphonic singers of Tibet’s Drepung Loseling Monastery on their Mystical Arts of Tibet world tour will perform “Sacred Music Sacred Dance for World Healing” in a rare collaboration with renowned Tibetan musician Nawang Khechog.

The performance features multiphonic chanting, wherein each of the chantmasters simultaneously intones three notes of a chord. The Drepung Loseling monks, who are particularly renowned for this unique singing, also utilize traditional instruments such as 10-foot-long *dung-chen* horns, drums, bells, cymbals and *gyaling* trumpets. Rich brocade costumes and masked dances, such as the Dance of the Sacred Snow Lion, add to the exotic splendor.

Nawang Khechog is the first Tibetan musician to be nominated for a Grammy and is the most renowned Tibetan flutist in the world with more than 12 albums. A self-taught musician, his music appears on the soundtrack for the film *Seven Years in Tibet*. For 11 years he was a monk and studied Buddhist philosophy and meditation with His Holiness the Dalai Lama.

Tickets and more information: dalailama.emory.edu

Mandala
On-going through October 20
Meditation Hall, Drepung Loseling Monastery

In honor of His Holiness the Dalai Lama’s visit to Emory University, the Drepung Loseling monks of The Mystical Arts of Tibet will create a Medicine Buddha Mandala which is available for viewing during public hours at the Drepung Loseling Monastery Meditation Hall. This mandala will be dismantled in a Closing Ceremony at the conclusion of Drepung Loseling’s fifth Annual Tibetan Festival on October 20.

From all the artistic traditions of Tantric Buddhism, the unique method of painting with colored sand ranks as most exquisite. In Tibetan this art is called *dul-tson-kyil-khor*, which literally means “mandala of colored powders.” Millions of grains of sand are painstakingly laid into place on a flat platform over a period of days or weeks. As with the Buddhist tradition as a whole, sand painting has its roots in the Tantric legacy of Buddhist India, extending back more than 2,000 years. Formed of a traditional prescribed iconography that includes geometric shapes and a multitude of ancient spiritual symbols, the sand-painted mandala is used as a tool for re-consecrating the earth and its inhabitants.

Viewing hours and more details: www.drepung.org
Buddhist Teaching
Thursday, October 10 • 9:30 a.m.
Glenn Memorial Auditorium

His Holiness will provide a teaching by invitation of the Drepung Loseling Monastery-Atlanta on the root text of Mahamudra by 1st Panchen Lama, Losang Choekyi Gyaltsen.

Losang Choekyi Gyaltsen was a luminary extraordinaire among the line of early, great masters of the Gelug tradition. His text, titled “Root Text on the Great Seal in Accordance with the Precious, Virtuous Tradition: The Main Road to the State of Victorious Ones,” ranks as one of the most illuminating works of this great master.

This text provides an experiential approach to understanding the authentic nature of the mind and all phenomena, namely the mind’s uncorrupted luminous and cognizant nature and the emptiness of all phenomena, referred to here as “The Great Seal.”

About the Drepung Loseling Monastery
Sharing and Preserving Tibet’s Legacy of Wisdom and Compassion

Drepung Loseling Monastery, Inc. (DLM-Atlanta) is the North American seat of Drepung Loseling Monastery, a 600-year-old monastic college that His Holiness the Dalai Lama has described as “the top academic institution” within the Tibetan tradition. Established in 1991 and academically affiliated with Emory University since 1998, DLM-Atlanta is an outpost of authentic Tibetan Buddhist culture continuing an ancient tradition of academic excellence and spiritual development.

This “Little Tibet” in Atlanta has garnered a reputation as one of the most active, innovative, and vibrant centers of Tibetan Buddhism in America. A center for the cultivation of both heart and intellect, DLM-Atlanta seeks to provide a sanctuary for nurturing inner peace and kindness, community understanding, and global healing.

Drepung Monastery was founded on a hillside outside of Lhasa, Tibet, in 1416 by Jamyang Choeje, one of the four principal disciples of the great Tibetan scholar and adept, Je Tsongkhapa. Drepung grew into a grand monastic university housing 10,000 monks and divided into seven colleges—much like early European universities such as Oxford and Cambridge. Known as Khemang Losel Jowa Ling Dratsang, the “Monastic College of a Million Brilliant Scholars,” Drepung Loseling became the largest of Drepung’s colleges and the one most renowned for its academic excellence.
After the Chinese Communist invasion of Tibet in 1959, a fraction of Drepung Loseling’s monks managed to escape and follow His Holiness the Dalai Lama into exile in India. Drepung Loseling was eventually reestablished in India in 1969 with 300 monks. Despite many difficult circumstances, the monastery has flourished in South India and now is home to more than 3,000 monks. The rigorous Geshe degree program takes approximately 20 years to complete, and its reputation for producing champions of Tibetan Buddhist scholarship continues.

As an heir to this heritage and under the patronage of His Holiness the Dalai Lama, DLM-Atlanta continues a legacy of cultural interchange, profound contemplation, and critical analysis with its focus on developing strong and sustainable programs in three main areas.

**Sharing Tibet’s Unique Culture**
The Mystical Arts of Tibet Tours strive to promote global peace and understanding through their “Sacred Music, Sacred Dance” performances, sand mandalas, workshops, and lectures while also sharing Tibet’s unique and endangered culture. These tours raise awareness of the plight of Tibetans and their commitment to a nonviolent resolution while also raising funds to sustain Drepung Loseling in India and its efforts to preserve Tibetan culture in exile.

**Partnering with Emory University to Promote the Holistic Education of Heart and Mind**
DLM-Atlanta works to create and facilitate academic programs and research initiatives that bridge the Western and Tibetan intellectual traditions. Since the inception of the Emory-Tibet Partnership, which began as an academic affiliation between Drepung Loseling and Emory University, DLM-Atlanta has been a crucial partner in the creation of numerous innovative programs. These include the Emory-Tibet Science Initiative, Emory’s Distinguished Tibetan Visiting Scholars Program, and the ongoing research into Cognitively Based Compassion Training.

**Providing Comprehensive Programs in Tibetan Buddhist Theory and Practice**
The third area of focus for DLM-Atlanta is to provide comprehensive education and training in Tibetan Buddhist philosophy, psychology, and meditation for personal transformation and social well-being. With four highly qualified resident teachers, including a reincarnate lama and three Geshe Lharampas offering a full range of instruction at beginning, intermediate, and advanced levels, DLM-Atlanta seeks to maintain a balance of study and practice through regularly scheduled Tibetan Buddhist teachings and meditation sessions. Popular weekly meditation sessions focusing on both mindfulness and compassion, appropriate to individuals of all backgrounds and levels of meditation experience, complement traditional teachings and practices. Additionally, DLM-Atlanta hosts visiting Tibetan Buddhist masters and artists, extended retreats, and interreligious and interdisciplinary lectures and workshops, and members participate in various community-service activities.
Sponsors

Emory University greatly appreciates the generous financial support received from corporate, foundation, and individual sponsors listed below. Their gifts, and those received after the printing of this program, will help further the work of the Emory-Tibet Partnership and Emory-Tibet Science Initiative through Emory College of Arts and Sciences.

Anonymous
Asoka Bandarage
Tony Brewer and Company
Dawn Carter
Richard V. Clark
The Coca-Cola Company
Thomas W. Comstock 80MR
Enna Crosman
Rev. Howard R. Edwards
Barbara A. Graham
Norman Guthrie
Kathleen Hedrick 89B
The Highland Vineyard Foundation
Donna 88C and Steven Horne 86C

Linda G. Hutton
Becky Jackson
Lisa R. Jue
Elizabeth Cates and Hugh Kelley
The Nisha A. Kirk Fund
Margaret A. Kulyk 96T
and Wendy Farley
Jaynn Kushner
Mickey Lemle
Stephanie Lewis
Annesia Lin
Judith McBean
Lynne B. McClendon 74G
Kris McGarry
Lexie Potamkin
Perry Rahbar 04C
Life University
Diana and Jonathan Rose
Madhu and Jagdish Sheth
Brett Torino
Ira Seret
Darla Rae Ura 05N
Mary Anne Luciano Valdecanas
89C 93M 96MR
and Bradford Priddy 90C 95M
Margaret Wadsworth
Thomas J. White
Joni Winston

Numbers and letters following sponsor names indicate Emory University alumni class years/schools.

Special Thanks

The executive committee wishes to thank Emory’s Campus Services, Catering, Communications, Marketing, and Development and Alumni Relations departments. The events would not be possible without the direction and support of the Office of Tibet in New York, the U.S. Department of State, Drepung Loseling Monastery-Atlanta, and the Emory, DeKalb, Atlanta, and Gwinnett County police and safety teams. Special thanks to the staff and management at the Gwinnett Center, Glenn Church, and the Schwartz Center. Thank you to the many volunteers and colleagues from around the campus and the broader community who worked tirelessly to make these events successful. Special thanks to Kari Leibowitz, Suzanne Eden-Antola, Andrew Shahan, Brenda Tran, Evan Goldberg, and Jim Wynn for their talents and dedication to these events. Produced by the Office of University Events.

Photos provided by Emory Photo/Video, Hal Jacobs, the Carlos Museum, DLM-Atlanta, Joe Boris and many others.

The Visit 2013 Executive Committee: Gary Hauk, Geshe Lobsang Tenzin Negi, and Michael Kloss.
Emory: a destination university, internationally recognized as an inquiry driven, ethically engaged, and diverse community, whose members work collaboratively for positive transformation in the world through courageous leadership in teaching, research, scholarship, health care, and social action.